FUNCTIONAL DIETS BASED ON MICROALGAE CAN **BOOST IMMUNE RESPONSES IN GILTHEAD** SEABREAM (Sparus aurata) JUVENILES

Mariana Hinzmann^{1*}, Pedro Guimarães^{1,2}, Bernardo Pereira¹, Rita Teodósio³, Marcelo Livramento⁴, Rui Sousa⁵, Florbela Soares^{4,5}, Pedro Pousão-Ferreira^{4,5}, Rafael Vitorino⁴, Sara Magalhães⁷, Tiago Aires⁷, Luís E.C. Conceição⁸, Ana T. Gonçalves^{6,8}, Sofia Engrola³, Benjamin Costas^{1,9}

*Presenting author: hinz@ciimar.up.pt



Matosinhos, Portugal

















Olhão, Portugal







Mediterranean countries' aquaculture. Rearing conditions can compromise its immune status.

Gilthead seabream is a crucial species for

Functional diets with algae can promote welfare.

4 experimental diets:

CTRL = commercial-like diet

✓ Improve fish health

✓ Reduce susceptibility to disease

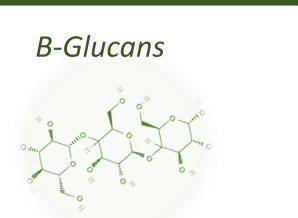
Material & Methods

High = formula with higher algae extract (*Tetraselmis chui*) inclusion

Low = formula with lower algae extract (*Tetraselmis chui*) inclusion

Tetraselmis chui

- √ High protein content
- ✓ Balanced amino acid profile
- ✓ Bioactive compounds
- Prebiotic



- ✓ Immunomodulator role
- ✓ Improves growth rate
- ✓ Boosts stress resistance
- ✓ Antioxidant properties

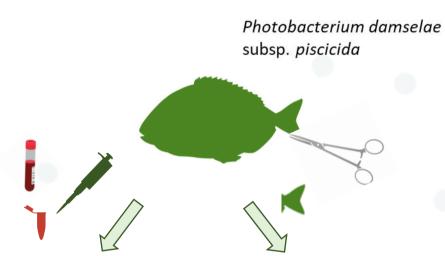


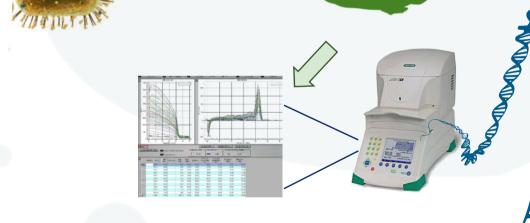


Use of microalgal extracts to modulate the immune system response, improving the performance and overall fish health.



Resistence (2 weeks)





Caudal fin for stress Plasma immune biomarkers:

Total Protein

Peroxidase

IgM

parameters:

Note: Stress challenge included crowding, transport and bacterial challenge

Cortisol

Head Kidney gene expression (panel of 18 immune biomarkers):

Interleukins (il18, il10, il8, $tnf\alpha$), antimicrobial peptide (hep), T-cell markers (cd3x, cd86), chemokine receptors (ccr3, cxcr4), pattern recognition receptors (tlr2, tlr5, tlr9), and other relevant immunerelated proteins (taf6, mchII, mmp9, mcsfr1, cas3 and c3).

Results & Discussion

 \blacksquare BG =formula with inclusion of β -glucans from algae

Immune parameters 200-Peroxidase (mL⁻¹)

Fig.1- Quantification of peroxidase levels on the plasma of Sparus aurata juveniles fed dietary treatments: after boost (S1) and after stress (S2). Values are presented as means \pm SD (n = 9). P-values from ANOVA one way, followed by Tukey's post-hoc test (p \leq 0.05). Different uppercase letters stand for significant differences in time for the same dietary treatment.

Most immune biomarkers did not change significantly between dietary treatments at each sampling time. The differences occur mainly between times with the same nutritional treatment.

Nevertheless, immune parameters are crucial to determine the immune conditions of fish, together with other stress parameters like cortisol, to evaluate their health.

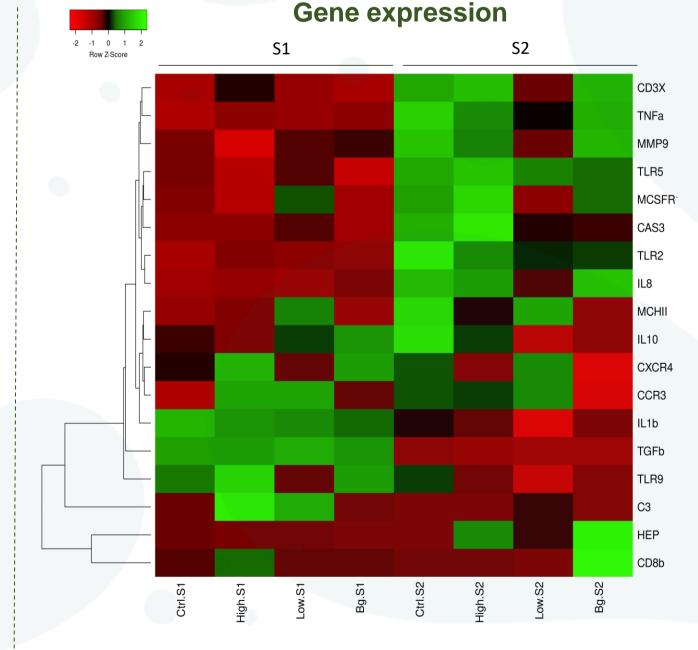


Fig.2- Relative gene expression in the head-kidney of fish fed with the different experimental diets. Heatmap depicting relative expression of differentially expressed genes in 4 dietary groups at the different sampling times (S1 and S2) on 18 immune-related genes. Green and red colors indicate a down and up regulation of the expression values according to the scale

- ✓ Juveniles fed High and BG diets presented normal performance and higher survival rates.
- ✓ Plasma peroxidase levels (Fig.1) suggested that including microalgae bioactive compounds have an immunomodulatory effect.
- ✓ Cortisol levels increased from S1 to S2 in all treatments as expected.
- ✓ In terms of head kidney gene expression, the stress episode caused a switch in terms of regulation of the tested genes (Fig.2).
- ✓ Seabream juveniles fed High presented upregulation in cxcr4, cd86, hep, and c3 at the end of the feeding period, while after stress fish fed BG presented a decrease in cxcr4, together with a tendency of upregulation of cd86 and hep genes.

Conclusions

Tetraselmis chui aqueous extracts and algae β-glucans seem promising candidates for inclusion in diets for gilthead seabream juveniles, mainly during stressful rearing periods.

Acknowledgements

This work was financially supported by "Pacto da Bioeconomia azul" (Project No. C644915664-00000026) within the WP5 Algae Vertical, funded by Next Generation EU European Fund and the Portuguese Recovery and Resilience Plan (PRR), under the scope of the incentive line "Agendas for Business Innovation" through the funding scheme C5 - Capitalization and Business Innovation.









